

Neiman Marcus Tuna Pecan Salad

Serves 6, or enough for 8 sandwiches

If you've been to the cafe at Neiman Marcus, you've probably seen tuna similar to this. We've adapted it from "The Neiman Marcus Cookbook," cutting down on the mayonnaise and adding a little squeeze of lemon to brighten it. Because the nuts can get soggy, this is best served right away over a bed of greens or in sandwiches.

3 cans (6 ounces each) chunk white albacore tuna in spring water, drained

1/2 cup finely diced celery

1/2 cup sliced (1/4-inch) water chestnuts, drained

3/4 to 1 cup mayonnaise

3/4 cup coarsely chopped pecan pieces, toasted

Salt and pepper, to taste

Squeeze of fresh lemon juice

Instructions: In a large bowl, lightly break up the tuna with a fork. Add the celery, water chestnuts and mayonnaise, and stir well to combine. Fold in the pecan pieces, and season to taste with salt, pepper and a squirt of lemon juice, if needed. Cover and refrigerate until ready to serve.

Per serving: 416 calories, 22 g protein, 5 g carbohydrate, 35 g fat (5 g saturated), 50 mg cholesterol, 491 mg sodium, 2 g fiber.

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